

# CLOTH NAPPY FIT GUIDE

FROM THE NAPPY GURUS



These are rise snaps, please keep them done up as they have been sized to fit me.



As you lift the nappy up and on, squeeze it into the inside of my legs.



Do each side up one at a time, I promise to not wriggle too much!



To help get a nice fit you can push this material upwards with your fingers.



Make sure the nappy isn't too tight on my tummy, you can fit two fingers inside.



Double check the elastics are tucked into my 'knicker line', this stops leaks!



And this is how my nappy should look when it's done!



Any dirties go into my wet bag... don't worry about nappy sacks, I'm saving the planet!